

Date: 4/22/25

PREP GRADES 6-12 LAUSD BREAKFAST, LUNCH, SUPPER MENU
MAY 26 – MAY 30, 2025

		TUESDAY 5/27/25	WEDNESDAY 5/28/25	THURSDAY 5/29/25	FRIDAY 5/30/25
BREAKFAST		BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1		Morning Magic Bagel V (R2292)	Cinnamon Roll V (R2287)	Hot Honey Chicken Jalapeno Biscuit Sandwich (R0975)	Café LA Coffee Cake V (CMS #2773)
Entrée 2		Chocolate Chip Muffin V (CMS #2029)	Nutri-Grain Bar & Yogurt V (R5721-DW, R5722-CB)	Deluxe Cereal Bowl V	Yogurt 4 oz. & Crackers V (R5617-DW, R5618-CB)
Entrée 3 <i>Vegan</i>		Morning Magic Bagel (R2292) Jam	Soy Yogurt & Belvita Crackers (R5715-DW/R5716-CB)	Cinnamon Chex (CMS #1625) AND/OR Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Jam
	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit-Fresh, ½ c		Fresh Fruit	Fresh Fruit	Banana (CMS #3204)	Fresh Fruit
Fruit-Juice (½ c / 4 oz.)		Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk, 8 oz.		Milk	Milk	Milk	Milk
LUNCH		LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>		Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge V (R1063)	Chicken Corn Dog (R0920)	Mini Mozzarella Bites with Marinara Sauce (R1153)	Buffalo Popcorn Chicken (R0966) Honey Biscuit (R2638) AND/OR BBQ Popcorn Chicken (R0967) Honey Biscuit (R2638)
Entrée 2 <i>Bowl</i>		BBQ Beef Rib Patty Sandwich with Pickles & Coleslaw (R5705)	Bean & Cheese Chile Burrito (R1955) & Fresh Salsa (R4613)	Orange Chicken & Broccoli Bowl (R5626)	Beef Birria Bowl (R5762)

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Entrée 3 <i>Vegan</i>		Impossible Burger (R6032) Optional: Fresh Topping*	Chik'n Nuggets (R6021) Artisan Roll (CMS #6068) OR Buffalo Chik'n Nuggets (R6031) Artisan Roll (CMS #6068)	Vegan Teriyaki & Broccoli Rice Bowl (R6049)	Spicy Chick'n Sandwich (R6051) Optional: Fresh Topping*
Entrée 4 <i>Sandwich</i>		Manager's Choice LUNCH Sandwich** & Fresh Topping*	Manager's Choice LUNCH Sandwich** & Fresh Topping*	Manager's Choice LUNCH Sandwich** & Fresh Topping*	Manager's Choice LUNCH Sandwich** & Fresh Topping*
Entrée 5 <i>Smoothie and/or Yogurt Parfait Granola and/or Salad</i>		Manager's Choice Smoothie** Granola Cinnamon ✓ (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon ✓ (CMS #1501) AND/OR Cajun Chicken Salad (R5713) Honey Biscuit (R2638)	Manager's Choice Smoothie** Granola Cinnamon ✓ (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon ✓ (CMS #1501) AND/OR Crunchy Chef Salad (R5789) Artisan Roll (CMS #6068)	Manager's Choice Smoothie** Granola Cinnamon ✓ (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon ✓ (CMS #1501) AND/OR Chinese Chicken Salad w/Shredded Chicken (R5709) Hawaiian Roll (CMS #6082)	Manager's Choice Smoothie** Granola Cinnamon ✓ (CMS #1501) AND/OR Manager's Choice Yogurt Parfait** Granola Cinnamon ✓ (CMS #1501) AND/OR Chicken Parmesan Wrap (R5751-DW / R5752-CB)
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable-Fresh (½ c)		Café LA Salad (R4576)	Celery Sticks (CMS #3826)	Petite Baby Carrots (CMS #3006)	Café LA Salad (R4576)
Vegetable (½ c)		Roasted Potato Wedges (R4370)	Orange Medley Juice (CMS #1308)	Cooked Edamame (R4596)	Sweet Potato Fries (R4464) (Choice of Sauce)
Fruit (½ c)		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit-Juice (½ c / 4 oz.)		Fruit Juice	Fruit Juice	Fruit Juice	Kiwi Strawberry Slush (CMS #2417)
Treat Item	Offer Chocolate Chip Cookie* (R2641/CMS #2766) once a week as an Extra Treat. *Sites may get auto sub of festive cookie dough to deplete inventory				
Milk 8 oz.		Milk	Milk	Milk	Milk
SUPPER		SUPPER	SUPPER	SUPPER	SUPPER

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Entrée 1 Hot OR Cold		Cheesy Pillows V (R1119) AND/OR Turkey Stick (CMS #2065) & String Cheese (CMS #2902) Cheez-It Crackers (CMS #1239)	Chicken Parmesan Wrap (R5751-DW, R5752-CB) AND/OR Manager's Choice SUPPER Sandwich**	Fiestada (Beef & Cheese) Stuffed Sandwich (R0159) AND/OR Beef Stick Meal Kit (CMS #1688) AND/OR Sunbutter & Jelly Meal Kit V (CMS #1683)	Longboard Pizza (Chicken & Jalapeno) (R1156) AND/OR Tuna Pouch (CMS #1382) Whole Wheat Crackers (CMS #1584)
Entrée <i>Children Under 4</i>		Cheesy Pillows V (R1119) AND/OR Cheese Plank, 2 each V (CMS #2525) Cheez-It Cracker V (CMS #1239)	Chicken Parmesan Wrap (R5751-DW, R5752-CB) AND/OR Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) AND/OR Yogurt 8 oz V (CMS #7107-DW, #9156-CB) & Crackers (CMS #1590) AND/OR Manager's Choice Yogurt Parfait** V Crackers V (CMS #1590)	Manager's Choice SUPPER Sandwich** AND/OR Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers V (CMS #1239)
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is different than what was served for lunch the same day. Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029)				
Vegetable (½ c)		Paradise Punch Vegetable Juice (CMS #1681)	Petite Baby Carrots (CMS #3006) Children Under 4: Cherry Smooth Cup (CMS #2364)	Berry Berry Blue Slush (CMS #2827)	Celery Sticks (CMS #3826) Children Under 4: Orange Medley Juice (CMS #1308)
Fruit (½ c)		Fresh Fruit	Mango Sorbet (CMS #2774) Children Under 4: Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk 8 oz.		Milk 8 oz.	Milk 8 oz.	Milk 8 oz.	Milk 8 oz.
CONDIMENTS B=Breakfast L=Lunch S=Supper		B - Cream Cheese Packet (CMS #7097-DW, #9043-CB), Strawberry Jam, (CMS #1690) L- BBQ Sauce, Ketchup Mustard, Mayo, Tajin Cajun Ranch Dressing, Ranch Dressing	L- BBQ Sauce, Ketchup, L,S-Mustard, Mayo, Taco Sauce or Tapatio, Tajin, Ranch Dressing Optional: Liquid Chamoy	L- Ketchup, Mustard, Mayo, Sriracha Sauce, Asian Sesame Dressing, Optional: Ranch Dressing Liquid Chamoy	B- Strawberry Jam, (CMS #1690) L- BBQ Sauce, Ketchup Taco Sauce or Tapatio, Ranch Dressing

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		Optional: Liquid Chamoy		L,S- Tajin S-Taco Sauce or Tapatio	<u>Choice of Sauce:</u> Secret Sauce (R70967), BBQ Ranch (R7080), Cajun Ranch (R7110-CB/R7111-DW), Sriracha Mayo (R7096) Optional: Liquid Chamoy L,S-Mustard, Mayo, Tajin
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All the Grain/Bread items served are whole grain rich. **V** = Vegetarian

Milk – Must serve two choices from the following five (5) options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
NOTE: Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1 st grade and above.				

Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)	Cinnamon Chex (CMS #1625)
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Fresh Fruit

Cara Cara Orange (CMS #3238)	Banana (CMS #3204) Do not order on Mondays	Kiwi (CMS #3846)
Tangerine (CMS #3198)	Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week (refer to Daily Update).	Orange (CMS #3093)

****MANAGER'S CHOICE**

MANAGER'S CHOICE LUNCH SANDWICH OPTIONS	Toasted Cheese Sandwich (R1086-IW / R1131-Scratch), Turkey Breast & Cheese Sandwich (R0911), Turkey Steak & Cheese Sandwich (R0942), Tuna Sandwich (R5619), Banh Mi Sandwich w/Pickled Carrots & Daikon (R5753)
MANAGER'S CHOICE SMOOTHIE OPTIONS	Strawberry Smoothie (R3329D-DW, R3329C-CB), Blueberry Smoothie (R3326D-DW, R3326C-CB), Mango Smoothie (R3325D-DW, R3325C-CB), Strawberry Mango Smoothie (R3343-DW, R3344-CB)
MANAGER'S CHOICE PARFAIT OPTIONS	Blueberry Yogurt Parfait (R1647D-DW, R1647C-CB), Mango Parfait (R1665D-DW, R1665C-CB)
MANAGER'S CHOICE SUPPER SANDWICH OPTIONS	Turkey Breast & Cheese Sandwich (R0911), Turkey Steak & Cheese Sandwich (R0942), Tuna Sandwich (R5619), Apple Cinn Chickpea & Grape Jelly Sandwich V (R1944), Sunbutter & Strawberry Jelly Sandwich V (R1943)